

* *Relationship Help 101's Monthly Ezine* *

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If you know someone who could benefit from reading this information and would like to create a better relationship with their partner, please forward this Ezine.

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***** Featured Article *****

When you think of flowers, cards, and chocolate in February, what comes to mind? That's right... Valentine's Day! The one day that couples romantically show one another how much they appreciate and love each other. However for some people, Valentine's Day has become very repetitious and boring. Every year they are doing the same things, giving and receiving the same gifts, and the fun continues to decline.

Of course there is hope for these couples. And if you find yourself in the same situation, the tips below may be very beneficial for you, your partner, and your relationship.

Tip#1: *Go on vacation.* Take a trip to Hawaii; go on a cruise to the Caribbean, etc. Find out from your partner where he/she would like to go, and arrange for it to happen.

Tip#2: *Build more intimacy.* Give your partner a nice relaxing massage, set up a warm bubble bath, and/or cook a nice meal (only recommended if you know how to cook). Show your appreciation for your partner by catering to his/her needs.

Tip#3: *Become spontaneous.* Do things that your partner will partner will enjoy, but not expect. For example, ladies, if your man enjoys watching sports, take him to a game. And if you have the money, and you schedule it properly, you can get the words “I love you” displayed with his name on the skybox. This can be arranged during a break or halftime. And guys if your woman enjoys classical music, set up a candlelit dinner, and arrange for some people to play soft music while you eat.

Tip#4: *Make it last the whole month.* Take things a step further and make your partner happy the entire month. Try to keep the romance going even after Valentine’s Day.

Tip#5: *Start getting creative.* Creativity is always appreciated. Come up with ideas that are romantic- then watch how your partner responds.

Make this Valentine’s Day romantic and unique and continue to mix things up every year. Once you decide to do that you’ll keep the fun going and will be even more excited when the day rolls around again.

Tips From a Key Expert Courtesy of: Jon Sterling

Every Valentines day we go into panic mode for something for our sweethearts (well us guys do anyway). We start thinking how much to spend, where to buy, what to buy, etc.

In the United States we are a very wealthy country and consumer goods, especially gifts are a commodity and this has cheapened the uniqueness of just about everything we can purchase for the loves of our lives.

I am sharing this idea with you in the hope that you will not be in the doghouse once again this year from buying a dozen roses or some pre-wrapped box of “love goodies” from the local drugstore.

Get your camera out – make sure everything is in working order. Note: You do not need anything fancy like a [Canon EOS DSLR](#) - Just a regular digital camera or even an old 35mm compact camera.

Step 1: Think back since you met your sweetheart and the places that you have shared special moments.

Step 2: Go and take pictures of those places. (my favorite is the first place my wife and I kissed – sitting in the car in front of a Dairy Queen in Somerville, Texas) - Also, if there was something special you purchased that may seem insignificant now, but meant something then. Take a photo of that item also.

Step 3: Repeat the above step until you can fill a small photo album – say 10 –14 photos. Purchase a small tasteful leather album from say Brighton at the nearest shopping mall.

Step 4: Develop or Print out Your Photos. Turn over each photo you have taken and write a short note on each one of them stating your memory of photo and what it meant to you.

Step 5: Assemble the photo album and wrap it or have the store wrap it for you. (the later is my usual choice – they do a much better job).

Step 6: Give it to her or him on Valentines Day with a card and a single flower.

Step 7: Make sure and have a box of tissues handy. The waterworks will start upon opening the photo album.

You do not need to say anything about the note on the back of the photo - It can be a second gift in the future if he or she pulls out the photo and looks at the back. But, if you are like me - you will blab about all the great stuff you did and tell them about it!

Have a great and safe Valentines Day – Hope this tidbit helped.

It sure did. Thanks Jon.

Tele-Class Info

Ladies: Make your relationship great in 2008!

Join us in January where we'll discuss: **How to make 2008 a better year for your relationship!**

1. How to create a New Year's resolution list for your relationship- an easy 3-step plan that you will be excited to start
2. Ideas from other women on how to make your relationship more exhilarating

Towards the end of the call, I will take a few questions, and answer as many I could. You may also email me your questions to Daniel@relationshipadvice4you.com and put "Questions for the women's tele-class" in the subject line.

This Tele-class will be held on **February 10th, 2008**- and it will be a 60 min call. *For call details and/or to register, contact me at my email address above.

Products and Services Info

Products

What All Women Want Their Man To Know is now available for **\$19.95** until **February 14th, 2008**. After that date, the price will immediately go back to \$29.95. If you haven't

read the book yet, go to www.relationshipadvice4you.com and purchase your copy of the book today!

Coming Soon: *What Every Man Wants his Woman to know, What You Need to Know about Making a Great Relationship (Senior's edition) , What You Need to Know about Making a Great Relationship (Teen's edition)*

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 **Services**

The phone coaching program offer of a half-hour free coaching have been extended to **February 18th, 2008**. This is your last opportunity for this offer. Don't miss out on this chance to get your questions answered on an extended coaching call.

Quotes & Affirmations

What the world really needs is more love and less paper work. ~Pearl Bailey

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Here are your daily affirmations!

Read and/or print and cut out these affirmations daily for one month until you receive your next newsletter:

I am always willing to make my partner happy.
I will love my partner with all of my heart.

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