

**** Relationship Help 101's Monthly Ezine ****

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If you know someone who could benefit from reading this information and would like to create a better relationship with their partner, please forward this Ezine.

What's in this Issue??

- * *Featured Article*- Change may be good for you and your relationship**
- * *Tips from a Key Expert*- What you need to know about change!**
- * *Products and Services Info*- New e-book for ladies now available on website**
- * *Quotes & Affirmations*- Quotes and affirmations that may help you improve yourself and your relationship**

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Note from Daniel

Spring is finally here! The weather is starting to warm up, many people are preparing for spring break, and it's also spring cleaning month. Therefore I've decided to give my business a huge makeover. You can now look forward to more content in my ezines, more products & services, audio on MP3's and CD's (which contain my teleseminars), and overall a lot more content on my website. In addition to making many changes in the business, I've also hired a new assistant. I have a good feeling about her, and I believe she will do very well.

So...to say that I've been busy the past few weeks would be an understatement!

Now I have a question for you...how do you feel about change? Are you o.k. with trying to change your old habits if it could benefit your relationship? Are you in a situation where you're trying to adjust to a new relationship? Well I've broken things down into a 2-part series. The articles written for this month's and next are all about...you guessed it...**change**-and what you could do to make your relationship better. So enjoy!!

Wishing you all the best!

[Daniel Amis](#)

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*** Feature Article ***

Are You Willing To Change? Pt. 1 (Breaking Old Habits)

Sometimes it's hard to break old habits. If you're used to acting a certain way in a relationship (or life in general), changing your ways may seem difficult. However, if you've noticed that things aren't going so well in your relationship, you may have to say or do things differently. That is of course you want the relationship to last.

Here are some things you can do:

1. *Communicate.* Knowing what your partner likes about you is great. However, if you want your relationship to progress and grow, it's absolutely essential that you learn what he/she dislikes. Have a deep conversation with your partner...and take everything he/she says into serious consideration.
2. *Check yourself.* Ask yourself this question..."what can I do differently to make my partner happier in our relationship?" Or, take out a piece of paper and write "In order for my relationship to get better I need to..." and make a list of a few things that you need to do.

If there are things you need to change about yourself when it comes to your relationship, **then you should change it.** You have the power to end your relationship or make it better. If you make a decision to make it better, you'll see great results and a more satisfied partner.

Tips from a Key Expert Courtesy of: Anita Briggs, Psychotherapist, Spiritual Healer, and Author

When difficulty seems insurmountable, the tendency is to look for blame on the outside, and think that being rid of what we blame is the solution. We may think there are no options, that things cannot be salvaged because the love is gone, that the relationship cannot change because our partner most certainly will not change. The fact is, in life there are always many options, love is always a choice, and change happens only when we change.....

Go here to read the rest of this article: www.ezinearticles.com/?Should-I-Stay-Or-Should-I-Go?-Five-Steps-To-Get-What-You-Truly-Desire-In-A-Relationship&id=1058282

Be sure to visit her website at: www.innermasterytools.com

Products and Services Info

Products

*Ladies: There's a new e-book I wrote called: **Ladies: How to bounce back from a break-up!** It is now available on my website for **\$12.95**. And don't worry; I'm still working on the book *What Every Man Wants his Woman to know* which will be available in August.*

***Coming Soon:** *What Every Man Wants his Woman to know*, *What You Need to Know about Making a Great Relationship (Senior's edition)*, *What You Need to Know about Making a Great Relationship (Teen's edition)**

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Services

In honor of my recent birthday, I've decided that the phone coaching program offer of a half-hour free coaching has now been extended until May 18th, 2008.

*****Free Tele-class for all!***May 15th, 2008***

Come be apart of the **FREE** call- **How the law of attraction and change can benefit your relationship**. Space is limited to the first **100** people, so email me today to reserve your spot!

Quotes and Affirmations

There is nothing permanent except change. -quote by Heraclitus

Communication leads to community, that is, to understanding, intimacy and mutual valuing. - quote by Rollo May

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Repeat this affirmation daily, until you receive your next newsletter.....

I will make changes today to make my relationship better

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Relationship coach Daniel Amis has helped many people create the relationship of their dreams. He publishes monthly E-zines that's inspiring, fun, and insightful. If you're ready to get the love that you desire, then subscribe at www.relationshipadvice4you.com and get your FREE tips today!
